

LOCAL 282 WELFARE FUND
NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

THIS NOTICE ALSO APPLIES TO YOUR SPOUSE AND OTHER ELIGIBLE DEPENDENTS. PLEASE SHARE IT WITH THEM.

INTRODUCTION

As a group health plan, the Local 282 Welfare Fund (“the Fund”) is a covered entity within the meaning of the Health Insurance Portability and Accountability Act of 1996, commonly known as “HIPAA”. Under HIPAA the Fund is legally required to provide you, the participant, with notice of our legal duties and privacy practices with respect to protected health information (“PHI”). PHI includes any individually identifiable information that relates to your physical or mental health, the health care that you have received or payment for your health care, including name, address, date of birth and Social Security number.

We are legally required to maintain the privacy of your PHI. The primary purpose of this notice is to describe the legally permitted uses and disclosures of PHI, some of which may not apply to this Fund in practice. This notice also describes your right to access and control your PHI.

We are required to abide by the terms of this Notice of Privacy Practices (“Notice”). However, we reserve the right to change the terms of this or any subsequent Notice at any time. If we elect to make a change, the revised Notice will be effective for all PHI that we maintain at that time. Within 60 days of any material revision of our privacy practices we will distribute a new Notice. Additionally, you may contact the Fund directly at any time to obtain a copy of the most recent Notice, or visit our website at www.teamsterslocal282.com to download the current Notice.

This Notice is effective January 27, 2026.

PERMITTED USES AND DISCLOSURES

We use and may disclose your PHI¹ in connection with your receiving treatment, our payment for such treatment, and for health care operations. Generally, we will make every effort to disclose only the minimum necessary amount of PHI to achieve the purpose of the use or disclosure.

Treatment: means the provision, coordination or management of your health care. As a health plan, while we do not provide treatment, we may use or disclose your PHI to support the provision, coordination or management of your care. For example, we may disclose the fact that you are eligible for benefits to a provider who contacts us to verify your eligibility.

Payment: means activities in connection with processing claims for your health care. We may need to use or disclose your PHI to determine eligibility for coverage, medical necessity and for utilization review

¹ Except for psychotherapy notes, which require your specific authorization. The Fund does not routinely use or disclose psychotherapy notes.

activities. For example, we could disclose your PHI to physicians engaged by the Fund for their medical expertise in order to help us determine medical necessity and eligibility for coverage.

We may disclose your PHI to third parties who are known as “Business Associates” that perform various activities (e.g., hospital pre-authorization, case management) for us. In such circumstances, we will have a written contract with the Business Associate, which requires the Business Associate to protect the privacy of your PHI.

We may disclose your PHI, including your eligibility for health benefits and specific claim information to other covered entities such as your spouse’s health plan, in order for us to coordinate benefits between this Fund and/or another plan under which you may have coverage.

We may also disclose your PHI and your dependents’ PHI, on explanations of benefit forms (“EOBs”) and other payment-related correspondence, such as pre-certifications, which are sent to you.

If you appeal a benefit determination on behalf of an eligible dependent, or if a close family member appeals a determination on behalf of you or one of your eligible dependents, we may disclose PHI related to that appeal to you or that close family member. If you appeal a benefit determination and you designate an Authorized Representative to act on your behalf, we will disclose PHI related to that appeal to that Authorized Representative.

Health Care Operations: generally means general administrative and business functions that the Fund must perform in order to function as a health plan. For example, we may need to review your PHI as part of the Fund’s efforts to uncover instances of provider abuse and fraud.

Reminders: We may use your PHI to provide you with reminders. For example, we may use your child’s date of birth to remind you that you may purchase continuation coverage for your child who would otherwise lose coverage under the Fund due to attaining a specified age.

Treatment Alternatives: We may use your PHI to inform you about treatment alternatives.

Health-Related Benefits and Services: We may use or disclose your PHI to inform you about other health-related benefits and services that may be of interest to you.

Disclosure to Trustees of the Fund: We may disclose your PHI to the Trustees of the Fund in connection with appeals that you file following a denial of a benefit claim or a partial payment. Trustees may also receive PHI if necessary for them to fulfill their fiduciary duties with respect to the Fund. Such disclosures will be the minimum necessary to achieve the purpose of the use or disclosure. In accordance with the Fund documents, such Trustees must agree not to use or disclose PHI other than as permitted in this Notice or as required by law, not to use or disclose the PHI with respect to any employment-related actions or decisions, or with respect to any other benefit plan maintained by the Trustees.

Family Members Involved in Your Health Care or Payment of Your Health Care: Unless we agree to your request that we not do so, we may disclose to a spouse, or other member of your immediate family involved in your health care or payment of your health care PHI related to such person’s involvement. For instance, your spouse may be told whether or not a specific claim has been paid. We may also disclose your PHI to any authorized public or private entities assisting in disaster relief efforts.

Personal Representatives: We may disclose your PHI to your personal representative in accordance with applicable state law or the HIPAA Privacy Rule. In addition, a personal representative can exercise your

personal rights with respect to PHI. You are automatically the personal representative of your unemancipated child, except that all requests for PHI related to children over age 12 must be in writing, other than payment.

Required By Law: We may use or disclose your PHI to the extent that we are required to do so by federal, state or local law. You will be notified, if required by law, of any such uses or disclosures.

Public Health: We may disclose your PHI for public health purposes to a public health authority that is permitted by law to collect or receive the information. The disclosure will be made for the purpose of preventing or controlling disease (including communicable diseases), injury or disability. If directed by the public health authority, we may also disclose your PHI to a foreign government agency that is collaborating with the public health authority.

Health Oversight: We may disclose your PHI to a health oversight agency for activities authorized by law, such as audits, investigations, inspections and legal actions. Oversight agencies seeking this information include government agencies that oversee the health care system, government benefit programs, other government regulatory programs and civil rights laws.

Abuse or Neglect: We may disclose your PHI to any public health authority authorized by law to receive reports of child abuse or neglect. In addition, if we reasonably believe that you have been a victim of abuse, neglect or domestic violence we may disclose your PHI to the governmental entity or agency authorized to receive such information. In this case, the disclosure will be made consistent with the requirements of applicable federal and state laws.

Food And Drug Administration : Our Prescription Benefits Manager may disclose your PHI to a person or company subject to the jurisdiction of the Food and Drug Administration (“FDA”) with respect to an FDA-regulated product or activity for which that person has responsibility, for the purpose of activities related to the quality, safety or effectiveness of such FDA-regulated product or activity.

Legal Proceedings: We may disclose your PHI in the course of any judicial or administrative proceeding, in response to an order of a court or administrative tribunal. In addition, we may disclose your PHI under certain conditions in response to a subpoena, discovery request or other lawful process, in which case, reasonable efforts must be undertaken by the party seeking the PHI to notify you and give you an opportunity to object to this disclosure.

Law Enforcement: We may also disclose your PHI, if requested by a law enforcement official as part of certain law enforcement activities.

Coroners, Funeral Directors, And Organ Donation: We may disclose your PHI to a coroner or medical examiner for identification purposes, or other duties authorized by law. We may also disclose your PHI to a funeral director, as authorized by law, in order to permit the funeral director to carry out his/her duties. We may disclose such information in reasonable anticipation of death. PHI may be used and disclosed for cadaveric organ, eye or tissue donation and transplantation purposes.

Criminal Activity: Consistent with applicable federal and state laws, we may disclose your PHI, if we believe that the use or disclosure is necessary to prevent or lessen a serious and imminent threat to the health or safety of a person or the public. We may also disclose PHI if it is necessary for law enforcement authorities to identify or apprehend an individual.

Military Activity And National Security: When the appropriate conditions apply, we may use or disclose PHI of individuals who are Armed Forces personnel (1) for activities deemed necessary by military command authorities; or (2) to a foreign military authority if you are a member of that foreign military

service. We may also disclose your PHI to authorized federal officials conducting national security and intelligence activities including the protection of the President.

Workers' Compensation: We may disclose your PHI to comply with workers' compensation laws and other similar legally established programs.

Inmates: If you are an inmate of a correctional institution or under the custody of a law enforcement official, we may disclose your PHI to the institution or law enforcement official if the PHI is necessary for the institution to provide you with health care; to protect the health and safety of you or others; or for the security of the correctional institution.

Required Uses and Disclosures: We must make disclosures to you and to the Secretary of the U.S. Department of Health and Human Services to investigate or determine our compliance with the federal regulations regarding privacy.

Authorization for Other Uses and Disclosures of Your PHI: Most uses and disclosures of psychotherapy notes relating to you, uses and disclosures of your PHI for marketing purposes, and disclosures that constitute sales of your PHI require your authorization. Other uses and disclosures of your PHI not described in this notice will be made only with your written authorization, unless otherwise permitted by law as described above. If you authorize us to use or disclose your PHI for purposes other than set forth in the Notice, you may revoke that authorization, in writing, at any time, except to the extent that we have already taken action based upon the authorization. Thereafter, we will no longer use or disclose your PHI for the reasons covered by your written authorization. The Fund will not use or disclose your PHI that is "genetic information" for "underwriting" purposes, as defined by the Genetic Information Nondiscrimination Act of 2008.

Use of Psychotherapy Notes: The Plan does not routinely obtain psychotherapy notes. However, if it is necessary to use or disclose them, it must obtain your written authorization. The Plan may use and disclose such notes when needed by the Plan to defend itself against litigation filed by you. Psychotherapy notes are separately filed notes about your conversations with your mental health professional during a counseling session. They do not include summary information about your mental health treatment.

Substance Use Disorder Treatment Records: Substance use disorder treatment records ("SUD Records") received from a program covered by 42 CFR Part 2 (a "Part 2 Program"), or testimony relaying the content of such records, shall not be used or disclosed by the Plan in civil, criminal, administrative, or legislative proceedings against the individual unless it is based on the individual's written consent, or a court order after notice and an opportunity to be heard is provided to the individual or the holder of the record, as provided under law. A court order authorizing use or disclosure must be accompanied by a subpoena or other legal requirement compelling disclosure before the requested SUD Record is used or disclosed.

If the Plan receives SUD Records about you from a Part 2 Program pursuant to a general consent you provided to the Part 2 Program, the Plan may use and disclose your SUD records for the purposes of treatment, payment or health care operations, as described above, consistent with such consent until the Plan receives notification that you have revoked such consent in writing. If the Plan receives SUD records through a specific consent that you provide to the Plan, the Plan will use and disclose your SUD records only as specifically permitted. When SUD records are disclosed to the Plan for treatment, payment, and health care operations activities, the Plan may further disclose those SUD records in accordance with HIPAA regulations, as described in this Notice.

The Plan does not use SUD records for fundraising purposes.

Redisclosure

Information that the Plan discloses pursuant to the HIPAA Privacy Rule may be subject to redisclosure by the recipient and no longer protected by the HIPAA Privacy Rule.

YOUR RIGHTS

Right To Inspect and Copy: As long as we maintain it, you may inspect and obtain a copy of your PHI that is contained in a Designated Record Set. “Designated Record Set” means a group of records that comprise the enrollment, payment, claims adjudication, case or medical management record systems maintained by or for the Fund. If the Fund uses or maintains an electronic health record with respect to your PHI, you may request such PHI in an electronic format, and direct (in a signed written request) that such PHI be sent to another person or entity.

Under federal law, however, you may not inspect or copy psychotherapy notes or information compiled in reasonable anticipation of, or use in, a civil, criminal, or administrative action or proceeding.

We may decide to deny access to your PHI if it is determined that the requested access is reasonably likely to endanger the life or physical safety of you or another individual or to cause substantial harm to you or another individual, or if the records make reference to another person (other than a health care provider) and the requested access would likely cause substantial harm to the other person. Depending on the circumstances, that decision to deny access may be reviewable by a licensed health professional who was not involved in the initial denial of access and who has been designated by the Fund to act as a reviewing official.

To request access to inspect and/or obtain a copy of any of your PHI, you must submit your request in writing to our Privacy Officer at the address below indicating the specific information requested. If you request a copy, please indicate in which form you want to receive it (i.e., paper or electronic). We shall impose a fee to cover the costs of copying the requested PHI, supplies for creating the paper copy or electronic media, the cost of preparing a summary of your PHI, and postage.

Right to Request a Restriction of Your PHI: You may ask us not to use or disclose any part of your PHI for the foregoing purposes. You may also request that we not disclose your PHI to your spouse or members of your immediate family who may be involved in your care or for notification purposes as described above.

We are not required to agree to a restriction that you may request. However, if we do agree to the request, we will not use or disclose your PHI to your spouse or family member in violation of that restriction unless it is needed to provide emergency treatment or we terminate the restriction with or without your agreement. If you do not agree to the termination, the restriction will continue to apply to PHI created or received prior to our notice to you of our termination of the restriction. To request a restriction you must write to our Privacy Officer at the address below indicating what information you want to restrict, whether you want to restrict use, disclosure or both, and to whom you want the restriction to apply.

Right To Request to Receive Confidential Communications from Us by Alternative Means or at an Alternative Location: You may request in writing, and we must accommodate your reasonable request, to receive communications of PHI, including an Explanation of Benefits (“EOB”) from us, at an alternative location. For example, you can ask that we only contact you at work or by fax or at another address if you believe that disclosure of all or any protected health information could endanger you. Please direct your written request to our Privacy Officer at the address below.

Right to Amend Your PHI: If you believe that PHI that we have about you is incorrect or incomplete, you may request it to be amended. Your request must be made in writing and submitted to our Privacy

Officer. In addition, you must provide a reason that supports your request. You have this right as long as the Fund maintains your PHI in a designated record set. We will make an amendment to PHI we created or if you demonstrate that the person or entity that created the PHI is no longer available to make the amendment. However, we cannot amend PHI that we determine is accurate and complete.

We may deny your request for an amendment if it is not in writing or does not include a reason to support the request. In addition, we may deny your request if you ask us to amend information that:

- Did not originate with us, unless the person or entity that originate the PHI is no longer available to make the amendment;
- Is not contained in the records maintained by the Fund;
- Is not part of the information which you would be legally permitted to inspect and copy;
- Is accurate and complete.

If we deny your request for amendment, you have the right to file a written statement of disagreement with us or you can request us to include your request for amendment along with the information sought to be amended if and when we disclose it in the future. We may prepare a rebuttal to your statement and will provide you with a copy of any such rebuttal.

Right To an Accounting of Disclosures: You have the right to request an accounting or list of disclosures of your PHI made by the Fund or its Business Associates. We are required to comply with your request except with respect to disclosures:

- Made in connection with your receiving treatment, our payment for such treatment and for health care operations;
- Made to you regarding your own PHI;
- Pursuant to your written authorization;
- To a person involved in your care or for other permitted notification purposes;
- For national security or intelligence purposes;
- That are part of a limited data set; and
- To correctional institutions or law enforcement officials.

To request an accounting of disclosures, you must submit your request in writing to our Privacy Officer. You have the right to receive an accounting of disclosures of PHI made within six years (or less) of the date on which the accounting is requested, but not prior to April 14, 2003. Your request should indicate the form in which you want the list (e.g., paper or electronic). The first request within a 12-month period will be free of charge. For additional requests within the 12-month period, we will charge you for the costs of providing the accounting. We will notify you of the cost involved and you may choose to withdraw or modify your request at that time before any cost is incurred.

Right to Receive Notice of Certain Breaches of PHI: If your “unsecured” PHI is accessed, acquired, used or disclosed in a manner that is considered a breach and not permitted under the HIPAA privacy rules we will notify you. Unsecured PHI is PHI that is not rendered unusable, unreadable, or indecipherable to unauthorized persons through certain specified technologies and methodologies.

Right to Obtain a Paper Copy of this Notice: You may request a paper copy of our Notice at any time, even if you have previously agreed to accept this Notice electronically. Additionally, you may visit our website at www.teamsterslocal282.com to view or download the current Notice.

COMPLAINTS

If you believe that your privacy rights have been violated, you may file a complaint with us or to the Secretary of the U.S. Department of Health and Human Services. To file a complaint with us, you must submit your complaint in writing to our Privacy Officer at the address below. We will not retaliate against you for filing a complaint.

FOR QUESTIONS OR REQUESTS

If you have any questions regarding this Notice or would like to submit a written request as described above, please contact:

Privacy Officer
Local 282 Welfare Fund
2500 Marcus Avenue
Lake Success, NY 11042
(516) 488-2822