



Teamsters Union Local 282 Welfare Trust Fund

Have You Checked Out LiveHealth Online Yet?



You have access to board-certified physicians whenever, and wherever, you need care—whether you're at work, on the go or stuck at home! Use LiveHealth Online the next time you need a doctor:

- Available 24/7.
- Speak to a doctor right from your phone, smartphone, computer or tablet.
- Get the care you need—including prescriptions.

Flip this over to learn more about how LiveHealth Online can work for you.

Make a virtual appointment and speak with a physician in minutes!

The Welfare Trust Fund has partnered with BlueCross BlueShield to offer LiveHealth Online—telehealth services that connect you to a physician 24 hours a day, seven days a week.

It's **cheaper and easier** than going to your doctor's office. You'll pay just \$10 for a virtual visit (instead of \$20 for an in-person office visit).

When to use it. Telehealth services are great for non-emergency conditions, such as:

- Cough and cold
- Pinkeye
- Fever or flu
- Headache or ear pain
- Allergies
- Anxiety and depression

How it works. Sign up at www.livehealthonline.com or download the mobile app and create an account. View doctor profiles and ratings and select the provider that best fits your needs. Click “Connect” and you'll be connected via two-way video chat with that physician in minutes! The physician can answer your questions, send a report to your primary care physician and even write you a prescription, if needed.

Want more information?

Call 888-LiveHealth or visit www.livehealthonline.com from your phone, tablet or computer today!

